

U.C.S. OLD BOYS RUGBY FOOTBALL CLUB

'Old Gowers' (Founded 1892)



Season 2009/2010

Colours: Maroon, Black & White

Ranulf Road NW2 2BH

www.ucsob.co.uk

UCS Old Boys RFC 1st XV Squad (Season 2008-9)



Back Row (L-R): Geoff Boxer (Coach), Ben Burkill, Joe Johnson, Kieran O'Donnell, Rhys Head, Brad Wheeler, Tupes Fidow, Stuart Orr, Martin Campodónico, Stan Bradbrook, Ahmad Ghanem

Front Row (L-R): Rich Bower, Ben Harding, Ben Parikes, James Boxer, Daniel Stewart (captain), Casey Mee, Nick Skinner, Dan Sadler, Mike Douding, Ali Thomson, Simon Bunyard, Gareth Jones, George Young, Heath Radde, Richard Vegg, James Rafferty, Alex Jayne, Adam Davidson (not present)

UCSOB RFC Awards 2008-9 Season

1st XV Player of the Year (Jamie Watts Memorial Trophy)	Joe Johnson
2nd XV Player of the Year	David Myers
3rd XV Player of the Year	Ben Caunter
Young Player of the Year	James Boxer
Clubman of the Year	Richard Album
Most Appearances (19 games)	Dan Stewart
	Sam Baker
	Ahmad Ghanem
Top Trainer (Most Sessions Attended)	Paul Mason
Most Tries Scored (9)	Alex Lowe
Most Conversions (20)	Casey Mee
Most Penalties (24)	Casey Mee
Highest Points Scorer (113)	Casey Mee

LONDON & SOUTH EAST DIVISION LEAGUE THREE (North-West) 2008-9

Team	P	W	D	L	F	A	Diff	Pts
Harpenden	22	18	0	4	672	250	422	36
Hampstead	22	16	0	6	560	275	285	32
Tabard	22	15	0	7	530	339	191	30
St Albans	22	13	0	9	460	386	74	26
Imperial Medicals	22	11	0	11	519	487	32	22
U.C.S. Old Boys	22	11	0	11	415	443	-28	22
Grasshoppers	22	10	0	12	443	466	-23	20
Hammersmith & Fulham	22	9	1	12	452	472	-20	19
Twickenham	22	9	0	13	314	506	-192	18
London New Zealand	22	7	1	14	311	467	-156	15
London Nigerian	22	7	0	15	366	615	-249	14
Finchley	22	5	0	17	333	669	-336	10

UCSOBRFC CLUB OFFICIALS (Contact Details)

PRESIDENT	Kenneth DURHAM (Headmaster UCS School)
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2nd XV MANAGER	Tom BRANDT M) 07939131195 E-Mail: brandtos@yahoo.co.uk
2nd XV COACH	Gideon BARD M) 07968713142 E-Mail: aahlebard@hotmail.com
3rd XV CAPTAIN	Grant DAVIS-CALVERT M) 07876336915 E-Mail: Davis-Calvert@zen.co.uk

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GOWER CLUB (Chairman)	Adrian PATERSON M) 07963313649 E-Mail: five.patersons@btinternet.com
DIRECTOR OF RUGBY (UCS School)	Jon COOKE E-Mail: Jon.Cooke@ucs.org.uk

IMPORTANT DATES FOR THE DIARY

CLUB EVENTS

Saturday 12th September 2009
 Saturday 12th December 2009
 Saturday 27th March 2010
 Thursday 6th–Sun 9th May 2010
 Saturday 15th May 2010

Old Lags Luncheon/Ladies & Sponsors Day
Christmas Party (inc. Captains Cocktails)
Old 'Gowers' Lunch
Tour
Club Dinner and Awards

INTERNATIONAL MATCHES

AUTUMN INTERNATIONALS

England v Australia
England v Argentina
England v New Zealand

DATE
 Saturday 7th November 2009
 Saturday 14th November 2009
 Saturday 21st November 2009

SIX NATIONS MATCHES

England v Wales (17.00)
 Italy v **England** (15.30)
England v Ireland (16.00)
 Scotland v **England** (17.00)
 France v **England** (20.45)

Saturday 6th February 2010
 Sunday 14th February 2010
 Saturday 27th February 2010
 Saturday 6th March 2010
 Saturday 13th March 2010

OTHER MATCHES

Heineken Cup Final(17.00)
 (European Cup)
 Guinness Premiership Final (15.00)

Saturday, 22 May, 2010
(Stade de France)
 Saturday, 29th May, 2010

FIXTURE LIST 2009-2010

Saturday Date	Kick-off Time	League Cup	Int XV	Men's Friendly	2nd XV	Men's Friendly	3rd XV
Sept-05	3:00 pm	Friendly			Avonbury - Club Away Day (by Coach) (ALL TEAMS)		
Sept-12	3:00 pm	LOGE	London New Zealand (H)	M	Barnet Elstreeband II (H)	M	Barnet Elstreeband III (A)
Sept-19	3:00 pm	LOGE	London Newport (A)	M	Henington III (A)	M	Borhamwood (H)
Sept-26	3:00 pm	LOGE	Henington (A)	M	Henington II (H)	M	Henington IV (H)
Oct-03	3:00 pm	Friendly	TBC	M	Temp III (A)	F	Thames I (H)
Oct-10	3:00 pm	LOGE	London Newport (A)	M	Whetton III (H)	M	Thames II (H)
Oct-17	3:00 pm	LOGE	St Albans (H)	M	Whetton III (H)	M	West-Jamans 2nd (A)
Oct-24	2:30 pm	LOGE	Tolpelt (A)	F	Old Commissioners 1 (A)	M	St Albans II (A)
Oct-31	2:30 pm	NET CUP	Rushford & Colles Park (H)	M	Fulhamians II (H)	M	St Albans I (A)
Nov-07	2:30 pm	LOGE	Impresso Medicals (H)	M	Enfield Ignitons III (A)	M	Henford IV (A)
Nov-14	2:30 pm	LOGE	Impresso Medicals (A)	M	Enfield Ignitons III (A)	M	Henford V (A)
Nov-21	2:30 pm	LOGE	Impresso Medicals (A)	M	Mill Hill 1 (H) (Pre-tourney)	F	Mill Hill II (A)
Nov-28	2:30 pm	LOGE	Oldschool (A)	F	Mill Hill 1 (H) (Pre-tourney)	F	Mill Hill III (A)
Dec-05	2:30 pm	LOGE	Fulham (H)	F	TBC	F	Old Albansians IV (A)
Dec-12	2:15 pm	LOGE	Hammermith & Fulham (A)	M	Henington III (H)	M	St Albans V (A)
Dec-19	2:15 pm	LOGE	London Newport (H)	M	Temp III (A)	M	St Albans IV (A)
Dec-26	2:15 pm	LOGE	London Newport (H)	M	Temp III (A)	M	St Albans III (A)
Jan-02	2:15 pm	Friendly			Cherry Hill (Pre-tourney to be confirmed)	M	TBC
Jan-09	2:15 pm	LOGE	Henington (H)	M	Henington III (A)	M	West Table Cup (1st Round)
Jan-16	2:15 pm	LOGE	Henington (H)	M	Henington III (A)	M	The Mount (H)
Jan-23	2:15 pm	LOGE	St Albans (A)	M	Whetton III (A)	M	West-Jamans II (H)
Jan-30	2:15 pm	LOGE	TBC	F	TBC	M	West-Jamans III (A)
Feb-06	2:15 pm	LOGE	TBC	F	TBC	M	West-Jamans I (A)
Feb-13	2:30 pm	LOGE	Impresso Medicals (A)	F	Old Commissioners 1 (H)	F	TBC
Feb-20	2:30 pm	LOGE	Grasshoppers (H)	F	Old Albansians IV (H)	M	St Albans III (H)
Feb-27	1:00pm	CUP	TBC	F	Fulhamians II (A)	M	Mill Hill III (A) 1pm
Mar-06	2:30 pm	LOGE	Oldschool (H)	F	Mill Hill (A) 1 pm	F	Mill Hill II (A) 2pm
Mar-13	2:30 pm	LOGE	Oldschool (H)	F	Mill Hill (A) 1 pm	F	West Table Cup (SFT)
Mar-20	2:30 pm	LOGE	Fulham (A)	F	Old Albansians IV (A)	F	West Table Cup (SFT)
Mar-27	3:00 pm	LOGE	Hammermith & Fulham (H)	F	Enfield Ignitons III (H)	F	Henford III (H)
Apr-03	3:00 pm	LOGE	London New Zealand (A)	M	Enfield Ignitons III (H)	M	Henford IV (H)
Apr-10	3:00 pm	LOGE	London New Zealand (A)	M	Barnet Elstree II (A)	M	Barnet Elstree III (H)
Apr-17	3:00 pm	Friendly	TBC	M	Henington IV (A)	M	TBC
Apr-24	3:00 pm	LOGE	TBC	M	Henington IV (A)	M	West Table Cup (Final)
May-01	5:30 pm - 6pm	Th.			Midweek Club Swans	M	West Table Cup (Final)
May-09					CLUB TOUR (May 8th - 9th)		

ABOUT UCS OLD BOYS RFC

'A Brief History'



In 1892, in the February edition of the University College School Magazine, a letter appeared with the signatures of John D Ely (UCS School 1885-1892) and RS Hall (Captain UCS 1st XV 1891/2) calling for the formation of a Football club and inviting Old Boys to join in. In October of that year following a meeting, the Headmaster HW Eve was appointed President, AGA Troughton to Captain and Hon. Secretary, and WG Lipscombe as Hon. Treasurer. A list of players numbering 57 was printed and the playing subscription was 10/- (shillings). The first official match was played on Saturday, 8th October, 1892 against Malborough Nomads at Surbiton and the result was a loss by 2 goals and 2 tries to nil. The original colours of the shirts were recorded as 'black jersey with red collar and acorn badge worked in red'. The original constitution was formed and name of the club was established as Paulatim Football Club. It was to be another three years (1895) before the name of the club was changed into the one more recognisable today - UCS Old Boys (Old Gowers) Football Club. The motto of UCS School is 'Paulatim sed firmiter' and it is apt that 'slowly but surely' over the next few years the playing strength improved, and along with it the fixture list was built up to a high standard with games against London Welsh, Northampton, Harlequins, London Irish, Rosslyn Park, Guys, London and St Thomas's Hospitals, as well as against Upper Clapton and Civil Service and Old Boys clubs such as Old Millhillians, Old Alleynians, Old Merchant Taylors, Old Cranleighans, Old Haileyburians, Old Blues and Old Whitgiftians.

Throughout its history UCSORFC has had many homes. A wandering side for the first two years (in 1893, all 23 games were away), the club found grounds initially at Gospel Oak (1894 -1896), then at Toleys Cricket Ground, Willesden (1896/7) and at Elms Farm (1897 – 1902). In 1902 the club moved to Osterley (Wyke Meadow) where the ground was described as 'a somewhat rough and uncultured field', which was alternately hay and grazing ground – a popular spot for tramps!. Such were the 'spartan' facilities that Blackheath 'A' XV protested vehemently at being asked to play

on a hay field. For a brief period in 1909 – 1912 the club moved to Greenford, due to increases in rent, but a return to Osterley in 1913 provided a springboard for the club and planning permission was gained for the building of a pavilion at Wyke Meadow, which was completed that same year. The club continued to thrive under the stewardship of John D Ely, one of the original founders and Hon. Secretary at the time, and Harold Wade. Despite the loss of many Old Boys in the First World War (1914 -18) the club remained strong through the early part of the last century, consolidating and building up post-war to become one of the stronger clubs in the country. Key figures in those early years were AE Yarrow (Captain), the Susskind brothers, COC Reilly, AS Young and CEK Menzies.

In 1922 the ground at Osterley was purchased for a sum of £6,600 with some generous donations, fund raising efforts and some help from the RFU in the shape of a loan. Debentures were issued to members of the Football Club and the Main UCS Old Boys Club. This led to the formation of 'Sports Club Limited', a company limited by guarantee and not having share capital, with the remit to: promote the issue of the debentures; hold the deeds to the ground; have as objectives 'the provision and maintenance of a sports ground for the use of Old Boys of University College School. Sports Club Ltd. still play an important role in the rugby club today, providing loans and grants for facilities and equipment, as they do for all the sports sections of UCS Old Boys. By the mid-twenties the fixture list was extremely strong with games against Gloucester and Plymouth (1926-7) and in the 1927-28 season versus Cardiff at the 'Arms Park' where the side lost narrowly (8-12). The 1928-29 season showed wins against Bedford and United Services and a narrow defeat by Rosslyn Park. During this period the Old Boys were often represented at Twickenham for the Middlesex 7-a-sides. BH Sutcliffe, TH Rowney, AH Bernard, CH Farmer and RT Cockman were all stalwarts of that era. In 1934-5 the title of the club changed again from UCS Old Boys (Old Gowers) Football Club, with 'Rugby' being inserted before 'Football'. Still remarkably active during the thirties, John Ely (Club Secretary for 40 years) drove through the sale of land at the front of the ground at Osterley (to repay RFU loans) and then oversaw the building of a new pavilion and stand (with bar) which was at that time in 1935 the largest cantilevered structure in the UK!. He is quite rightly regarded as 'Father' of the Club'. The thirties side boasted high calibre players, the likes of EW Parkes, Derek Scott-Lowe, JJ Turnbull and EL Beverley.

Many notable Old Boys and gifted rugby players fought, and lost their lives in the Second World War - in total 32 members, their names commemorated on a plaque at West Hampstead. John Turnbull a stalwart of the rugby club in the thirties, survived and was decorated, as was Major Richard (Dick) Rubenstein who was awarded the Military Cross and the Croix de Guerre for his leadership of the Special Operations Executive Jedburgh Team in France. He was also decorated for leading a guerrilla offensive in Burma, during the conflict against the Japanese, and right up until his death in 2005, was still an active (though slightly less confrontational !) member of the Gower Club (the committee that run the clubhouse and facilities at West Hampstead). It is satisfying to know that UCSOBRFC (along with many other rugby clubs who were represented in the conflict), in small part, contributed to the success of the war effort and the liberation of Europe. The club struggled to rebuild after the war and it was not until 1961 that the strength was back up to six playing sides. During the period between 1946 and 1965 the fixtures were not as strong as previously enjoyed but the core was against traditional Old Boys sides and the club continued to thrive. Key figures in this rebuilding of the club after the war included, HG (Fairy) Loxdale, JR (Slim) Cowell, Eric Day, John Lindridge and Dick Rubenstein, and later Mike Hull and Tommy Richard who were instrumental in building up the number of teams. It was during this period that UCSOBRFC proudly announced the selection of Ronnie Thompson on the wing, for the Scotland national side. The latter period between 1953 and 1965 saw the Old Boys regularly fielding more than six sides each Saturday, a tribute to the organisation and commitment of Mike Butterfield, Hugh Alderslade, Alan Cantrell, Roger Lane, John England, John Tripp, Andrew Wood and David Houghton and others.

However, over the next fifteen years the backcloth against which rugby was being played was beginning to change. Many players work patterns included Saturday morning, there was the beginning of an exodus from London of professional and skilled workers to the 'new' towns in the provinces and demands on individuals time was increasing. These factors contributed to the decline in playing numbers and status of the club and by 1979 it was becoming increasingly difficult to recruit Old Boys to play at Osterley, despite excellent facilities. Even so during this time the club produced some very talented players including, Roger Taylor, Gerald Smart, Mike Page, Adrian Paterson, Alistair Anderson, Bob McGillivray Harry Sargent, Ray Pickering, Malcolm Luck, Paul Cattermole (represented Notts, Lincs and Staffs),

John Sharpe, Mike Meacock, the Bobroff brothers, Paul Gee, Tim Hardy, Mark Motyer, Simon Rubenstein, Tim and Gareth Lewis, Barry Adams and Micky Harle – many of whom represented Middlesex at various levels and in the late sixties the club again qualified for the Middlesex Sevens at Twickenham.

In 1979, following an extraordinary meeting of the rugby club in May 1978, the Main Club of UCS Old Boys, with regret, supported a move to West Hampstead after more than half a century at Osterley. The Headmaster of UCS School, Alan Barker, was in favour of relocation, and in a complex agreement, the ground at Osterley was acquired by UCS School in return for, the granting of a long term lease (50 years) for the Old Boys sports sections and the building of a clubhouse at West Hampstead, Ranulf Road, on the UCS School Playing Fields. In the early days at West Hampstead the fixture list continued to reflect the position that Old Boys rugby held at the time, with those school Old Boys clubs, including UCSOBRFC finding it difficult to compete with the growth of the 'town' sides outside London. The inception of League rugby in the mid- eighties provided a further stimulus to the game and the 'rewards' associated with this were embraced by non-Old Boy clubs with some vigour. Some Old Boys clubs decided to amend their constitution and became entirely 'open' in membership in order to compete, others including UCSOBRFC continued to retain a strong commitment to supporting Old Boys rugby and a number of the older traditional fixtures were retained. Spanning the end of the 'Osterley' era and the new dawn at West Hampstead, were some key figures who helped ensure continuity, notably Adrian Paterson, Paul Gee, and Tim Lewis who both captained and coached the club up until moving to Sussex in 1989. Other key figures in the early period at West Hampstead were, Leigh Adams, Tony Portsmouth (UCS Teacher), Geoff Boxer, Andrew Wiseman, Alan Ross, Jonathon Nowell, John Lawrence, Piers Johnson, Andrew

Mears, Ian Tate, Jon Mann, Chris Carabine, Frank Butterworth, Gideon Bard, and later on Sean Quinliven and David Brandt (a Cambridge Blue). Of course special mention must be made of Paul (Plod) Gee, who after more than forty years with UCS as a pupil and a UCSOBRFC rugby player, and as Hon. Treasurer and Hon Secretary of the rugby club, sadly passed away prematurely in 2004. Without his efforts the club would not be in the healthy position it is today. His life in rugby is commemorated by the giving of an annual trophy for the most improved rugby player at UCS School and a

Memorial Fund in his name continues to raise funds for charity and to support deserving causes at UCSOBRFC. Since the move to West Hampstead, the social side of the club and our relationship with other Old Boys rugby clubs has continued to thrive. We have 'boxed' four times in fifteen years (1984 – 2000) against Old Millhillians - each time as a special evening event to promote social interaction and fund-raising, Peter Jones (prop forward and stalwart of the club from 1973 – 2003) being the key driver. In addition, there are links with the Old Merchant Taylors RFC, through Jerry Birch (ex-Middlesex Captain), who played for both clubs during a long and illustrious rugby career (UCSOBRFC 1984 - 1994). The club celebrated its Centenary in 1992-3 season, playing a match against Combined London Old Boys, losing by 3 tries to 7 (19-43), and a black-tie ball was held at HAC (London), attended by 150 people.

The move of Rugby Union to professionalism in 1995 and towards a seamless game brought about huge changes. During the period between 1995-8 on the back of this wave of optimism in the game, the club started to move forward again with a crop of talented players arriving from the School, Russell Yam as 1st XV Captain, Mark Alden, Matt Pececi, Richard Barker, Paul Shattock, Simon Dickinson, Richard Milton and Adam Bloch were key figures as the club reached the southern semi-final of the lower level National Vase losing 19 - 11 to the eventual winners Beaconsfield, in front of large crowd. The side also boasted the talents of fly-half, Chris Mahon (Teacher at UCS School and now a Master at Sedburgh School) and Dan Sibson (ex-Durham University and England Students) who was in the words of Will Greenwood (England) – “possibly the best second row that I played with never to get a cap” (Daily Telegraph - 14/1/06). The side was expertly coached by Tony Roberts, Senior Master (UCS School) and Director of Rugby, who also coached the County's Youth side and has now since retired. In season 2004-5 the club continued its rise by winning the Middlesex Sevens Bowl, at NEC Harlequins Ground (Stoop), the squad including Dan Stewart, Brendan Dyer, Dan Sadler, Ben Preston, Jeremy Innes, Ben Harding, Jon Harper, Rob Austen, Dan Chapman and Jonno Friend, and captain, Tom Brandt. The club today, enjoys its highest position, since leagues were established, and today resides in London & SE Division 2 (NW). Facilities are excellent and the pitches are the envy of many clubs, their condition being the result of the hard work over many years by the UCS School groundstaff, led by Kevin Reilly. The club remains committed to a 'School Old Boys' ethos and strongly encourages alumni of UCS School to join the

rugby club and the club constitution demands a UCS Old Boy playing membership of fifty percent. The position that the club enjoys in West Hampstead (London), of course, attracts many transient workers, students and visitors, and rugby players from both the UK and overseas. As such the club today is a rich blend of UCS alumni and their friends, students in higher education and established players from New Zealand, Australia and France. Touring has always been a feature of the clubs end-of-season, and although the club for more than thirty years, returned annually to Torquay, Devon, playing the likes of Paignton, Teignmouth, after 1979, destinations became more exotic, the club travelling far and wide to play fixtures in France, Holland, Italy, Spain, Greece, Poland, Lithuania, Malta and last season in Hamburg.

Like many clubs in the modern era, we are indebted to our sponsors without whom we could not maintain the necessary infrastructure and standards for training and playing. But, we are fortunate also to have many individuals who support the club avidly, demonstrating a vigour and enthusiasm with which John Ely, our founder, would be proud. Marc Waterman (Chairman), Trever Turton (Treasurer), Daniel Chapman (Honorary Secretary), Dan Stewart (1st XV Captain), Gideon Bard (Fixture Secretary), Geoff Boxer (Director of Rugby UCSOBRFC and Deputy Chairman of the MRDP (Middlesex County Rugby Development Partnership), Kate Bennett (Chairman of the Bar Committee) and Linda Boxer (Paul Gee Memorial Fund Manager) all work tirelessly for the club, aided by a vibrant committee and a group of willing volunteers, ensuring that UCSOBRFC is in safe hands.

Further reading

UCSOBRFC Club Website: www.ucsob.co.uk

U.C.S. OLD BOYS RFC – Centenary Magazine (1992-3)

London's Oldest Rugby Clubs – Author, Dick Tyson (2008)

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Best Wishes to UCSOBRFC
in 2009/10

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Best wishes for 2009-10 Season



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It all adds up to a winning UCSOBRFC season

RESULTS 2008-2009 SEASON

1st XV OPPOSITION	Result	For	Against	2nd XV OPPOSITION	Result	For	Against	3rd XV OPPOSITION	Result	For	Against
Spartans (Birmingham)	W	35	25	Fullerians II	W	39	0	Hampstead IV	W	24	0
Vendians	W	31	10	Hampstead III	L	5	8	Belsize II	W	36	22
Finchley (L)	W	21	16	Hemel Hempstead II	W	30	5	Bishops Stortford V	L	21	28
SJ Atkins (L)	L	12	36	Fullerians III	L	17	27	Slovenage IV	W	64	17
Crosshoppers (L)	W	19	18	Tobard II	W	25	0	Wishayn V	W	55	0
London New Zealand (L)	W	40	14	Finchley II	D	30	30	Saracens Amateurs II	W	55	7
Hammersmith & Fulham (L)	W	18	13	Enfield Ignatians III	W	53	10	Watford I	W	65	7
Hemel Hempstead (Cup)	L	5	50	Herpenden II	L	19	31	Hemel Hempstead IV	W	46	0
Hampden (L)	L	13	20	Tring III	L	25	5	Chess Valley	W	43	0
Tobard (L)	W	14	11	Chestnut II	W	39	12	Mill Hill III	W	46	0
Imperial Medicals (L)	L	18	34	Uxbridge II	L	76	12	Hemel Hempstead IV	W	10	0
Hampstead (L)	L	9	34	Belsize Park	L	10	15	Watford cancelled	W	25	0
Hendon	D	10	10	Old Grammarians I	W	44	6	Saracens Amateurs II	L	12	20
London Nigerian (L)	W	24	10	Enfield Ignatians III	W	42	8	Wishayn V	W	25	0
Twickenham (L)	L	11	15	Finchley II	W	25	0	Bishops Stortford V	L	5	18
Hampstead (L)	L	24	39	Tobard II	W	41	29	Hendon II	D	25	25
Old Grammarians	W	20	15	Old Millians	L	29	33	Saracens II	W	48	0
Tobard (L)	L	17	37	Fullerians III	L	3	24	Mill Hill III	W	45	13
Herpenden (L)	L	10	17	Hemel Hempstead	W	13	3	Tobard II	W	20	14
Hammersmith & Fulham (L)	W	23	20	Hampstead III	L	20	30	Chess Valley	W	35	22
London New Zealand (L)	L	8	10	Cuffley I	W	72	7	Old Grammarians II	W	22	16
Imperial Medicals (L)	W	23	10	Tring III	W	37	20	Mill Hill III	L	23	33
Crosshoppers (L)	L	15	27	Finchley II	W	22	3	Wishayn V	W	55	12
SJ Atkins (L)	W	20	10	Hendon IV	W	40	17	Hemel Hempstead IV	W	59	19
Finchley (L)	W	31	14	Hampstead II	L	12	27	Mill Hill III	W	25	10
Twickenham (L)	L	14	19	Fullerians III	L	23	38	Saracens Amateurs II	L	7	10
London Nigerian (L)	W	31	19								
Won 14 - Drawn 1 - Lost 12		516	553	Won 16 - Drawn 1 - Lost 9		791	400	Won 20 - Drawn 1 - Lost 5		898	265
4th XV (Home) OPPOSITION				5th XV (Cheats) OPPOSITION							
Hampstead IV	W	60	0	Millum Cosmos	W	12	5				
Hendon II	L	17	34	Finchley III	L	12	19				
Hammersmith & Fulham V	W	43	10	Won 3 - Drawn 0 - Lost 2		144	68	Won 1 - Drawn 0 - Lost 0		33	20

CLUB ADMINISTRATION

Subscriptions Annual membership fees (includes membership of the Gower Club Bar, and club shorts, socks and all match fees).

£250 – members aged over 25 on 1st September 2009

£200 – members between 22 and 25, inclusive

£100 – members up to 21

Members can choose to pay in a one-off sum or set up a standing order of at least £40 per month, by the 13th October. A deposit of £50 must be paid by 13th September. Annual subscription is only available up to 30th November (for new members joining), from then onwards, players will be charged pay per game Match fees per game - £10 (concession of £5 for fulltime students and unemployed). NB Bank standing orders may be used to pay for membership. 'Standing Order' forms are available from the Club Secretary. Many club members find this a useful way of paying for their yearly subscriptions as well as for other club events such as Tour and end-of-season Dinner. The maximum amount per month is determined by the club member. Failure to pay membership fees (or match fees) may result in de-selection for games, unless specific arrangements have been made with the Treasurer. NB If players are injured a tapering structure of payments, will be returned to subscription paid members based on the date of payment/joining for that season – submissions should be made to the Treasurer.

Availability

Please ensure that you give your availability for playing, each week to the appointee collecting match fees. If you have an absence of more than one week, please e-mail your availability to the Captain of the side for whom you played last. If you have an injury, please inform the club of your status, and if known, when you are likely to be fit to play. This communication aids the selection committee and the Team Secretaries.

Training

Tuesdays (every week) and Thursdays (unless otherwise advised). Meet 6.30pm at the fields for 7pm start (unless otherwise advised by e-mail). Please ensure that you have appropriate footwear to train on all surfaces (turf, Astroturf and gym flooring). The club has access to all these facilities and it is not always possible to predict weather conditions and availability to train on grass.

Punctuality

Please ensure that you are at the club for home games (at least one and a half hours before kick-off) and for away games at the specified time. Experience has demonstrated that lack of cohesion due to key individuals and players being late can lead to loss of the game. Starting games well and having time to go through a structured pre-match warm-up is important for both the 1st and 'A' XV's. Please remember that you are part of a team and that the coaches cannot perform their roles adequately unless everyone is present.

Security

Valuables should not be left unattended at home or away venues. Be wary of any individual at both home and away venues who offers to take the collection of valuables/personal effects from players, and lock them away. There have been a number of incidents at clubs over the last 20 years of 'con-men' misappropriating valuables in this way.

UCSOBRFC 3rd XV Squad (Merit Table Final) v Saracens 2nd XV (Lost 7 - 10)



Back row (L-R): Grant Davis-Calkvert (non-playing captain), Merits Zabzi, Ben Caunter, Ed Bernard, Paul Mason, Gleeson Bard, Josh Deansley, Ed Dean, Trevor Turton, Matt MacCalli, Tony Larsen, Joe Samuel

Front row (L-R): Baptiste Siera, Dave Rolles, Nick Gourlay, Tom Arnold, Jon Barnes, Archie Young, Adam Hirschovits



TOP: Ed Barnard makes a crunching tackle on a Saracens player to turn the ball over in the 3rd XV Merit Table Final



BOTTOM: Dave O'Dwyer moves the ball away during the 2nd XV away win at Finchley



1st XV left wing Ben Harding accelerates away from Imperial Medicals defenders with centres Kieran O'Donnell and Guy Hudson in support



Ex-Cambridge University RFC and New Zealand Universities Captain, Stewart 'Bus' Eru, makes another barnstorming run for the UCS Cheetahs in the 33-20 win against Kilburn Cosmos



Hooker Joe Johnson (1st XV Player of the Year) feeds number eight Nick Skinner from ruck as UCSOBRFC beat Tabard 14-11



1st XV half back Casey Mee makes a typical sniping run from the base of the scrummage in the home league game versus London New Zealand

UCSOBRFC – YOUR CLUB – YOUR TEAM – YOUR MATES

U nselfishness is the key to getting the most out of your club – you get out what you put in – be proud and set an example and encourage others to contribute. Act as a mentor to develop others individually and the team



C reate a culture of winning. Winning is built on halting losing..... more than the joy of winning. A winning culture is about more than, just scoring more points than the opposition. It's about all of the 1% that make up a complete performance – how you act, your body language, working hard for each other, being passionate, maintaining your standards and enjoying yourself



S et your own high personal standards and goals, be accountable for the results and work hard to maintain them. You play how you train – if you cannot switch on at training you cannot expect to do so in a game. When I make a mistake – I get down and do my press-ups



O ur own set pieces are the rock of our performance – our scrummages and lineouts must be won. Remember..... technique will always beat size



B e constructive, encouraging and supportive always – cut out any negative chat to your team or team mates – react to all mistakes and errors positively



R espect your team mates, opposition and referees - have pride in your performance and in the jersey – and for your teammates and those who have worn the jersey before you



F orgo your own wants and needs to promote the goals and values of the team. Make some sacrifices. *'I'll have one less beer on Friday night, I'll make one more tackle, I'll do what's right' – FOR THE TEAM!*



C ontrol and self-discipline is the key to physical and mental performance – aim to test it on the training pitch

*U.C.S. Old Boys R.F.C. would like to
extend a special thanks to the
"Hampstead & Highgate Express"
and in particular to Patrick Mooney,
the Sports Editor.*

HAMPSTEAD & HIGHGATE EXPRESS

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FRIDAY, DECEMBER 11, 1992

133rd year

*Their excellent coverage, over many
years of Old Boys Rugby typifies the
quality of reporting which we
associate with a Newspaper that's
been around longer than we have.*



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